



# the BIG PULL

**Himalayan Balsam** STOP the spread!

**Manor Woods Valley Local Nature Reserve  
Tuesday 6 August from 10.00am - 2.00pm  
Meet at Bishopsworth Library entrance**



- Himalayan Balsam is a non-native plant which is rapidly invading the banks of our rivers and streams. It smothers our native flowers and causes erosion and flooding. Pulling the plant up by hand is easy and the best way to stop the spread.
- Join us for a Big Pull practical work day and do your bit for local conservation.
- All ages welcome – no need to book.
- Long-sleeved clothing advised and sun cream and a hat if the weather is hot.

For more information, call Neil Green, Avon Invasive Weeds Forum, on 07825 315647 or e-mail [ngreen@bristolzoo.org.uk](mailto:ngreen@bristolzoo.org.uk)